

*life*Lines Utility
ACTIVATE FAITH: SUSTAINED
Bible—Alive and Active
Reading My Bible: I-Q-A

This method of reading scripture is a simple way to reflect on God's Word and apply it to your life. It is an easy one to remember and have in your "toolbelt". It also has a unique aspect of asking you to write down questions that the passage sparks for you – hopefully questions that will keep you thinking about the passage throughout the day. Read the passage a few times before reflecting on the questions below. In your lifeGroup, you may want everyone to work through the questions on their own before discussing them together. Or, you could do it as a whole group. Be sure that everyone has a piece of paper for recording their own personal Insights, Questions, and Applications.

PASSAGE: [Hebrews 4:12-16](#)

I-Insights:

- What is standing out to you as you read this? What do you notice? What insights do you gain? What is this passage trying to say/teach to you today?

Q-Questions:

- What questions are you left with after reading this? Questions that you want to reflect on? Questions that you want to ask God? Questions that God wants to ask you?

A-Apply:

- How can you apply this passage to your life today? Is there something you want to do or act on? An attitude that needs changed? How can you live out this passage in your life today?

PRAY

Pray for God to help you intentionally be in His Word, and to reflect upon it and respond as His Spirit leads. Ask Him to shape the desires of your heart, that you would appreciate and want His surgery in your life. Ask Him to illuminate the places in your life where you are not willing to have Him work. And ask Him to change your stubborn heart.

LOVE

Think of someone you have been reluctant to help or show love to in some way, and this week, find a way to serve and serve them.

